



Train the Trainer QPR Gatekeeper Instructor Training

8:00 am-4:30 pm
(Registration 7:30-8:00 am)



■ March 8, 2013

Barron County Government Center
335 E. Monroe Avenue
Barron, WI 54812

Contact: Carol Zabel, CESA #10
(715) 720-2145
czabel@cesa10.k12.wi.us

■ April 19, 2013

Oneida County Health Department
One Oneida Avenue
Rhineland, WI 54501

Contact: Lynn Verage, CESA #9
(715) 453-2141
lverage@cesa9.k12.wi.us

Audience:

Counselors, Social Workers, Pupil Service Staff, Community Professionals, and others concerned about youth suicide

See the QPR Institute website for more info on what it means to be a Gatekeeper:

<http://www.qprinstitute.com/>

Lunch and scholarships provided by Mental Health America of Wisconsin; Garrett Lee Smith Youth Suicide Prevention Grant



Suicide – Takes Over 750 Lives in Wisconsin Each Year
Suicide – Accounts for almost 1 in 5 of all deaths among WI youth
Suicide – Leaves Over 18,000 Survivors Each Year
Suicide – Affects A Whole Community

**Suicide Is Preventable
Become a QPR Trainer
Question, Persuade, Refer**

This certification course trains Instructors to teach QPR for Suicide Prevention to their community or school. Participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as the stimulus for a QPR intervention. Participants then learn to market QPR, target potential Gatekeepers, and how to teach the QPR curriculum. Participants also learn to deal with audience demand to talk about suicide, survivor issues and how to make immediate interventions and referrals. Each participant has the opportunity for individual rehearsal and practice through role-plays.

Participants will:

- Learn about the nature of suicidal communications
- Learn how to make immediate interventions and referrals
- Practice interventions and referrals through role-plays
- Leave this training with knowledge and skills to provide QPR Gatekeeper training to others on how to recognize the warning signs of suicide, offer hope, and get help (how to question, persuade, and refer)

Presented by: Debi Traeder, Prevention Coordinator, Prevent Suicide Wisconsin

Cost: \$320.00 per person for the first 15 people to register in myQuickReg (See links below); \$420 per person for all others

Includes Course Materials, Continental Breakfast, Lunch, and Refreshments

**** PAYMENTS MADE TO CESA #4 ****

Online Registration:

■ Barron County Government Center (Barron):

<http://www.myquickreg.com/event/event.cfm?eventid=6001>

■ Oneida County Health Department (Rhineland):

<http://www.myquickreg.com/event/event.cfm?eventid=6002>

Registration Information:

Contact Mary Devine at CESA #4 mdevine@cesa4.k12.wi.us
(800) 514-3075

